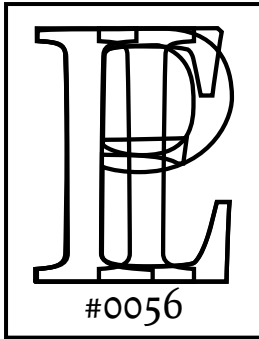


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## The Alchemical Process of Transformation

By Nigel Hamilton  
(Published: 1985)

Understanding Transmutation as the Basis of Alchemy. Alchemy is best known for its belief that lead can be transmuted into gold. However, the transmutation of non-precious metals into gold is simply a metaphor for the soul being freed from a "dead, leaden state of mind," to that of realising its own light nature and that is derived from pure spirit.

Filed under: Self-forming and mind-breaking  
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