

The emotacycle - what it is, why it matters, what is to be done? By Marc Hudson (Published: 2019)

The article first explains the emotacyle and its four phases, then what its consequences are. Given that these are (on the whole) negative, the obvious question 'why does it persist?' is next addressed. Finally, the all-important 'What is to be Done?' question receives a response, albeit an anemic and incomplete one.

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